

***For Immediate Release:  
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## **Wellness Corporate Solutions CEO Appears on Business Destiny Radio Show**

### ***Fiona Gathright Provides Useful Insight on Growing a Successful Business***

**Bethesda, MD ... November 6, 2008** – Wellness Corporate Solutions, a leading employee health and wellness company, today announced that its CEO, Fiona Gathright, is being interviewed by local radio show host, John Hrastar, and will appear on the *Business Destiny* radio show on Saturday, November 8.

Wellness Corporate Solutions specializes in employee wellness programs that reduce health care costs for companies nationwide. (Insert a couple of sentences about your company and what it does).

The *Business Destiny* radio show focuses on providing CEOs and business owners with useful information and insights on how to run and grow their businesses to achieve their personal and professional goals. The program addresses the elements of the planning and execution process necessary to achieve those goals.

“Employers of all sizes are looking for creative and innovative ways of keeping their employees healthy,” said Fiona Gathright, President of Wellness Corporate Solutions. “We are pleased to be part of that solution; our Well Employee Solutions Model is making a difference in the lives of employees by supporting and promoting a culture of health within organizations.”

“We are excited to have Fiona Gathright on the Business Destiny radio show to share her industry expertise with our listeners,” said John Hrastar, host of Business Destiny. “Fiona’s knowledge of operating a successful company provides a new outlook for local business owners and also a means of sharing ideas and learning from the experiences of their peers.”

*Business Destiny* is aired from 8:00-9:00am Saturday mornings on Clear Channel station WTNT 570 AM. More information and recorded shows are available at [www.BusinessDestinyRadio.com](http://www.BusinessDestinyRadio.com). Information about John Hrastar and InterSource are available at [www.InterSource.net](http://www.InterSource.net).

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### **About Wellness Corporate Solutions**

Wellness Corporate Solutions (<http://www.wellnesscorporatesolutions.com>) is a leading provider of comprehensive employee wellness programs including health screening, health coaching for high risk employees, health education seminars and programs, and incentivized employee health challenges. Our services and programs are conducted by professional and experienced staff, and our clients include employers with 100 to 10,000 employees. Wellness Corporate Solutions is dedicated to providing creative, flexible wellness programs that save employers money by impacting their health care bottom line.

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