



wellness corporate solutions

The “Well Employee Solution” Fully-Branded Web Portal

Unlimited Access to Health Coaches for All Employees

All eligible employees are provided with unlimited access to our team of health coaches, including registered dietitians, certified personal trainers, nurses, physical therapists, and other experts in positive lifestyle behavior change. Confidential and private coaching and counseling is provided via email, live chat, webinar, and videoconference. Coaches have access to biometrics and HRA, if undertaken as part of program, as well as clients’ profiles and food and activity logs.

Health Action Programs

Creative and customized health action programs are offered to all employees. We will work closely with you to identify the specific programs that will appeal to employees in each location. We make it easy for participants to sign up, track their progress and, if appropriate, receive their incentive points or prizes.

Inspirational Stories of Employees

A compelling way to increase employee engagement is to share inspirational stories that celebrate the diversity of health goals that employees have achieved. Our certified health educators interview employees who are willing to share their stories and post articles with appropriate photos on the site. In our experience, these are often the most-read pieces on the portal.

Individualized Health Management Tools

Each employee will have a personalized MyPage dashboard. The MyPage is a one-stop destination to view, log, and track progress against their specific health goals. It includes extensive online tools, trackers/trends, and calculators supported by evidence-based content and materials.

Trusted Health Education and Information

Extensive health information from trusted sources quickly and efficiently educates employees about healthy living topics such as diet and nutrition, physical activity, stress management, and maternal and child health. It also provides guidance regarding health conditions such as diabetes, cardiovascular disease, obesity, and pulmonary conditions.

Location Specific Experiences

Each client region or state can have a tailored experience for employees associated with that state, designed to drive employees to engage in the specific programs and initiatives that are available in their location.

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